SABRINA KALMANS

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Insta: @sabrina_kalmans Seeking Representation

TRAINING, EDUCATION, INTERNSHIPS

DEPAUL UNIVERSITY, BFA, JUNIOR

I AM ATTENDING DEPAUL IN CHICAGO, MAJORING IN COMEDIC ARTS, WITH MINORS IN SCREENWRITING AND CREATIVE PRACTICE.

INTERN AT IO THEATER

CURRENT INTERN AT THE IO THEATER DOING VARIOUS TASKS LIKE PHOTOGRAPHY, POSTERING, GRAPHIC DESIGN, AND GENERAL UPKEEP OF A COMEDY THEATER.

St. Andrews Episcopal High School

HIGH SCHOOL DIPLOMA, GRADUATED 2022

IO IMPROV SUMMER INTENSIVE

I DID THE SUMMER INTENSIVE THIS SUMMER. CLASSES 1-5 WERE HELD OVER FIVE WEEKS. LAST WEEK, MY TEACHER WAS JAMES DUGAN.

PERFORMING

(SELECTIVE CREDITS)

IMPROV TROUPES

During my time at Depaul, I am part of many improv troupes, including What Really Happened, Improve, Hey Mom, Look What I Can Do!, and Minprov.

STUDENT FILM: CHIRP

SPRING 2024

ROLE OF ANNIE IN STUDENT FILM AT DEPAUL UNIVERSITY.

ACTING

THE CREATURE IN BLOW THE MAN DOWN (CREATRUE), ALPHA AND OMEGA THE MUSICAL, LITTLE MERMAID (CHEF)

ANNOYANCE RESIDENCY- THE SABRINA SHOW

IN THE SPRING OF 2025, I AM DOING A FOUR-WEEK RESIDENCY FOR, MY STANDUP SHOW, WHICH I HAVE DONE FOR THREE YEARS.

MESSFEST FESTIVAL 2023-2024-2025

THE DEPAUL COMEDY ARTS PROGRAM DOES A FESTIVAL AT THE ANNOYANCE THEATRE FOR A WEEK AND DOES OVER 40 SHOWS. I HELPED CREATE, RUN, AND PERFORM AT THE FESTIVAL.

VOCAL

ALTO IN CHOIR FOR MANY YEARS, PROFICIENT IN READING MUSIC, EXPERIENCE IN CHORAL (TPSMEA), MUSICAL THEATRE, AND MODERN.

SKILLS

STAND UP (SINCE 2019)
GRAPHIC DESIGN (CANVA/PHOTOSHOP)
LIGHTING

Q-LAB Basic Woodworking Photography (since 2015, has a camera)